Happy New Year!

Now that you have celebrated the beginning of 2020, and we have a brand new list of New Year’s resolutions to aspire to this year, I ask that you add one more to your list. Celebrate your Jewishness with others. In a world where antisemitism is on the rise, let’s fight back and be proud. I am not asking for much. Simply take a few minutes to post on FaceBook or Instagram #CelebrateJew. (continued on page 2)
Like I spoke about in my Rosh HaShanah sermon, we are all influencers. Our roles, who we are and who we impact are endless. This year I want to promote how to be a positive influence, especially in the Jewish world. Let’s show everyone what it means to celebrate being Jewish. Celebrate you. Celebrate your family’s traditions.

Here’s where you come in. The process is twofold. First, at the beginning of every month Beth Israel will post a video on Facebook and Instagram highlighting different aspects of Jewish life. We already posted one in November and one in December. Any time a video comes out, I encourage you to post photos and/or videos on social media with the hashtag CelebrateJew. Choose traditions that you have which match the topic of the video.

Second, you can post anytime about any Jewish experience you want to celebrate. It could be:

- Lighting the Shabbat candles
- Saying the Shecheyanu
- Having a dreidel tournament
- Enjoying a Jewish learning experience
- Taking a family walk
- Returning a lost object
- Carrying something for someone else
- Putting up a mezuzah
- Saying a blessing upon seeing a rainbow.

Anything that moves you, post about it. Help us celebrate the different ways we practice Judaism. Let who YOU are inspire others to be who THEY are, as well. You are an inspiration, and you can change the world! #CelebrateJew

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**46TH ANNUAL CLAIRE SODDEN MEMORIAL WEEKEND**

Claire Sodden Memorial Weekend (CSMW) January 24-26, 2020 is a synagogue wide celebration of youth, in honor of Claire Sodden, a member of the Beth Israel family who lost her battle with cancer, right before her 22nd birthday.

This is the 46th year of this event planned for our teens and by our teens!

We will share Shabbat meals together, play exciting, interactive games, learn about Israel, participate in a project to give back to our community and so much more!

We will be learning all about the importance of sound mental health and wellness through a Jewish lens and will also have time to meditate and practice what we have learned.

On Saturday evening we will laugh and be amazed by the adrenaline comedy show by Brian Rudo! Rudo travels the country performing thousands of shows. We promise he’ll keep your teens amused and entertained.

We would love for your teen to join us for some or all of the weekend. The early bird deadline is January 10th. The cost for the entire weekend is $145. (Includes all activities and programs, Friday dinner, Saturday lunch and light dinner and lots and lots of snacks, SWAG, and more!) After January 5th, the price is bumped up to $165! All applications must be in by January 14th.

If your teen is not able to attend the whole weekend, but would like to come for a portion, please email Becca Rosenfelt, brosenfelt@bethisrael-om.org, to discuss logistics and cost.

You can find the application online here: http://www.tinyurl.com/CSMW2020

We also invite the 6th and 7th Graders to join us for the weekend! On Friday night they will have separate programming, but Saturday they will participate in CSMW programming! For more information please visit Tinyurl.com/6and7Shabbaton2020
From the Synagogue Director

Valerie Thaler, Ph.D.

I have now been at Beth Israel for two and a half months and am honored and privileged to serve this wonderful congregation. Everyone has been so warm and welcoming, and I am delighted to be part of the Beth Israel family.

As we look toward 2020, I am excited to meet more of you and learn how Beth Israel can become an even more vital part of your life. Please don’t hesitate to call me at 410 654-0800, ext. 208, or email me at vthaler@bethisraelom.org. There is nothing that brings me greater joy than meeting our congregants and creating new relationships and connections with you! I want to learn how we can serve you better as your spiritual community.

If you are unable to come to the Beth Israel office during the week, please let me know where we can meet for coffee in a place that’s convenient for you.

One of my first priorities this year is continuing to enhance our building security. I want to share with you a simple new procedure we have implemented to help keep our building more secure. When you come to our building during business hours, please be prepared to buzz in, share your name, and indicate who you have come to see. We do have new staff on-site and want to make sure that we are only allowing those in who should be here. Please stop in to sign in at the front desk and put on a “Visitor’s” badge. Then, when you leave, please visit again to sign out.

We want to make sure that we are aware of everyone who is in the building at all times during the day. In the event of an emergency, it will be extremely important to keep track of this information to make sure everyone is safe.

We greatly appreciate your cooperation and flexibility as we try to ensure greater security for our school children, staff and congregants.

My best wishes to you and your family for a happy, healthy and joyous secular New Year.

Learning Lab PLUS

(HOULTS ONLY!

HAVDALAH AND STUDY

Are we a religion, a race or a nationality? Join Rabbi Goldstein and David Rothenberg for this discussion on January 18, 2020

4:50 pm Mincha
5:10 pm Dinner and Discussion
6:10 pm Ma’ariv and Havdalah

Please RSVP by January 15
https://tinyurl.com/HavdalahLearningJan20
Aging comes with physical and mental challenges. Your genes, lifestyle and environment can also impact your thinking skills and ability to perform everyday tasks.

It is common to experience some decline in cognitive function as you get older. This may mean occasionally losing things, forgetting words, or briefly forgetting what day it is. You may notice that it takes longer to learn new things.

Dr. Marie Bernard, an aging expert at NIH, compares the brain to a computer disk for memory and thinking. As you get older, it gets more and more full. That sometimes makes it more difficult to retrieve data and add data to it, but you are still able to learn and grow.

If you experience a sudden change in thinking, memory or mood, it may be caused by a new medication. Some drugs may not cause cognitive changes when taken on their own, but can do so when combined with other medications. Even common supplements or over-the-counter remedies can cause these types of interactions.

Marie Bernard advises, "Older adults really benefit from having a list of all their over-the-counter, herbal and prescribed medications with them whenever they see a health care professional."

Depression, anxiety or an infection can also bring about cognitive changes, as well. Sometimes, these issues can be resolved with treatment.

Given the variety of reasons one could notice changes in cognitive function, it’s imperative that you share your concerns with a close family member and speak to a trusted health care provider. Avoid jumping to conclusions when it comes to cognitive function.
As social media has become increasingly popular, warning bells have sounded about its risks including cyberbullying, identity theft, sexual predation, and the permanence of inappropriate posts, as well as its potential deleterious effects on self-esteem, health and mental health as users sit for hours observing others’ curated lives. But research suggests that social media can also enhance our physical, mental and social health in a variety of ways:

- **Social media can help strengthen relationships and reduce social isolation.** Facebook can help old friends reconnect while the internet and texting can enable those separated by distance or just leading very busy lives to maintain or enhance their relationships. Social media can also be helpful to those populations that may be particularly at risk for isolation such as the elderly, infirmed or disabled or those new to parenting.

- **Online communication can also build communities of support** for those suffering from physical or mental illness or facing life challenges, such as divorce, caregiving, substance abuse, or discrimination. Especially for those who feel stigmatized by their disease or situation, the internet can help them anonymously access a wealth of educational and resource information as well as foster a sense of being less alone and better understood. Online support can also enhance feelings of acceptance and resilience, which can help users better manage stressful situations.

- **Social media can help motivate users to make healthy lifestyle changes** such as losing weight, exercising, or quitting smoking. Announcing a goal online and posting progress reports fosters a sense of accountability to others and allows people to both easily receive encouraging messages and inspire others as they progress towards their goal.

- **The internet can enable teens to access valuable health and mental health information** and even early intervention. While the online universe has plenty of bad actors and misinformation, it also offers a wealth of useful resources. Teens who may be reluctant to open up to their parents about concerns related to depression, sexual activity etc. can get medical and emotional guidance online and their posts might even prompt a concerned friend to enlist adult support for them.

- **Social media can provide teens (and others) with a powerful toolkit to engage in social activism.** Whether for local issues or national and international movements like the gun violence prevention efforts of the Parkland survivors and the climate change advocacy of Greta Thunberg, the internet offers a megaphone for raising awareness and organizing events.

- **The internet can broaden our horizons** by introducing users to people and places far beyond their own backyard. This exposure can enhance their perspective as it helps them discover how people live and work throughout the world.

In a world where we are reminded on a daily basis of the damaging effects of social media, it can be helpful to remember that the internet also enables users to access information, raise awareness, and find connection and support. We know the internet can destroy lives at the push of a button, but it can also help save lives and make our world a better place.

*Some of the information for this article was drawn from the following sources:

- All Psychology Schools, *How Social Media Helps and Hurts Us*, https://www.allpsychologyschools.com/psychology/social-media-psychology/
- Capper, Jenny, *Healthy Place, Benefits of Social Media for Mental Health Support*, https://www.healthyplace.com/blogs/mentalhealthforthedigitalgeneration/2018/04/social-..., April 17, 2018

———

Johnson String Instruments: 410-654-0800 ex. 263
S. Shapiro@bethisrael-om.org

**Beth Israel Shleimut Hours:**
Sunday, 10:00 am - 12:00 noon
Tuesday, 3:00 pm - 6:00 pm
Wednesday, 11:00 am - 2:00 pm

*Hours subject to change. Check the weekly Divrei for specific hours each week.*
Cholent/Chili Cookoff
Kiddush following services
Saturday, February 15

Join us for Beth Israel’s annual Cholent/Chili Cookoff Congregational Kiddush!
Does your family have a delicious cholent recipe you’d like to share with us?
Please contact Becca at 410-654-0800 x225 or brosenfelt@bethisrael-om.org.

Get Involved!
Beth Israel in the Community:
Habitat for Humanity
Want to help build houses for deserving families? No experience necessary! You can help for all or just part of the day, 8:30am to 3pm.
Our next adventures are Friday, January 18, February 14, & March 13. For more info, please contact Seth Glassman, 443-928-4562 or skgdds@hotmail.com.

PA Paper-Crafting
Sunday, January 12
4:00 - 6:00pm

Join the Parents Association for an afternoon of paper-crafting led by Diane Gensler. Bring a photo or two and learn how to make a 12” x 12” page. You will learn all the basics and how to embellish. Choose from a variety of papers, borders, journaling tags, etc. to make these special pages “yours”!
Cost: $20 without a frame; $25 framed (all supplies included).
RSVP to bethisraelpapres@gmail.com by January 5
Brotherhood

The Brotherhood had a great turnout for two excellent speakers this season. In November, we hosted Ron Shapiro, Sports Agent, as our speaker for Sports Night. In December, we hosted Baltimore County Police Chief Melissa Hyatt. Our Breakfast Speaker series continues in 2020 with five breakfasts on the schedule.

Breakfasts Scheduled (all take place Sundays, 9:30-11:00 am)
- January 26th: Frank Goldstein, Former Lobbyist in Annapolis
- February 23rd: Kevin Rochlitz, Baltimore Ravens – Vice President of Sales
- March 22nd: Dov Zakheim, Former Department of Defense Official and Expert in Defense Strategy
- April 5th: Bruce Elliott, WCBM Radio Commentator
- June 7th: Speaker TBA on the topic of Medical Marijuana

Other events:
- February 2nd: World Wide Wrap
- March 14th: Brotherhood Shabbat
- March 29th: Hosting at Beth Israel - FJMC Blue Yarmulke Man of the Year award lunch
- May 3rd: Shredding event

If you aren't a member, consider joining us. If you are a member, we need volunteers for our programs. Please contact me (andrew.stolusky@gmail.com) if you are willing to give a little bit of your time.

We look forward to seeing you at a future Brotherhood event.

Sandy Kirsch, President

Sisterhood

Hope everyone had a Bright Chanukah!

Todah (Thank you), to Nancy Rogers, Miriam Stern, Edie Myers, Cindy Bradley, Barbara Freilich, Tami Fine, Ellen Naftaniel, Paula Scurnick and Beth Shavitz. We greatly appreciate all the hours that you devoted to preparing for the Quarter Auction. Thank you as well to Monica Rosen for helping the auctioneer.

Sunday, January 5, 9:30 am: Join us for the sequel to the popular musical comedy romance based on the music of ABBA. Bring a Friend!

Wednesday, February 12, 7:00 pm: Save the date for a program to be announced.

Sisterhood Shabbat, Saturday, February 29, 9:30 am

Our guest speaker during Shabbat Services will be Margie Miller, International President of the Women’s League of Conservative Judaism. Your contributions are greatly appreciated to help sponsor our beautiful Kiddush. If you would like to contribute, please submit the form below. We also need your participation in services. To sign up, please contact Cindy Bradley. This is our day to shine!

Sandy Kirsch, President

Amount of Tzedakah:
- $18
- $25
- $36
- $50
- $100
- Other

BETH ISRAEL SISTERHOOD SHABBAT

My check is enclosed! (Please return this slip to the synagogue)

Name:________________________________________________________

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- $50
- $100
- Other
Celebrating Chanukah!

JEWISH FILM FESTIVAL

HEADING HOME: THE TALE OF TEAM ISRAEL (2018)
Saturday, January 4
The award-winning documentary about Israel’s national baseball team as it entered its first world competition.

CRESCEPDO (2019)
Saturday, January 25
In its Baltimore premiere, the film explores the challenges of forming a youth orchestra made up of Palestinian and Israeli musicians.

MAKTUB (2017)
Saturday, February 1
Hit Israeli comedy in which two former gangsters become angels.

Film screenings begin at 7:00 pm | $5 suggested donation

Sponsored by the Sabina and Walter Dorn Endowment Fund

Beth Israel Congregation
3706 Cronkall Lane
Owings Mills, MD 21117
Phone: 410-654-0800
Fax: 410-581-0113
www.bethisrael-om.org
Mazal Tov to our January Bar Mitzvah!

January 18, 2020

ZACHARY LAWRENCE
son of
Jennifer & Andrew Eckstein

Is Your Bar/Bat Mitzvah Coming Up?

Please email a headshot, including kippah and tallit, to Ann Friedman no later than 8 weeks prior to your Bar/Bat Mitzvah month, afriedman@bethisrael-om.org.

The photo will be printed in the Guide.

Beth Israel is looking forward to sharing your simcha!

BOOK CLUB

JANUARY 6TH | 7:00 PM
We review *The Address* by Fiona Davis.

FEBRUARY 3RD | 7:00 PM
We will review *Her One Mistake* by Heidi Perks.

If you would like to come please email Ellen Naftaniel at ellen894@gmail.com
410-458-9364
*We always have fun!*

SNOW BIRDS

Make Sure We Have Your Winter Address!

As the weather gets colder, many of our Congregants head south for the winter.

It is important that our office receives your winter address as soon as possible, as well as the projected dates you will be away. Please call us at 410-654-0800.

COME SING WITH US!

BETH ISRAEL’S CHOIR
MEETS MONDAY EVENINGS
IN THE FAMILY ROOM
6:15-8:00 PM
No singing experience necessary
The custom of sponsoring a Kiddush is a wonderful way to share your joy and at the same time support Beth Israel.

You can honor a person, remember a loved one, or celebrate a simcha. Your sponsorship will appear in the Shabbat Program that week and in the following month's issue of the *Guide*.

As a community we delight in each other's simchas, and would be honored if you share yours with us.

Contact Ann Friedman at 410-654-0800 x210 or afriedman@bethisrael-om.org.

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**December Kiddush Sponsors & Contributors**

- Beth Israel Sisterhood
- Beth & David Hecht in honor of Beth’s 60th birthday.
- Elyse & Allan Posner in honor of Allan’s 60th birthday.
- Lynn & Ronald Jacobs in honor of their son, Daniel becoming a Bar Mitzvah.
- Jennifer & Andrew Eckstein in honor of their son, Zachary becoming a Bar Mitzvah.

---

**"Bee" Kiddush Conscious**

Sisterhood needs your support for Saturday Kiddush. If you would like to supplement the cost of the kiddushim that Sisterhood provides every Shabbat, please contribute to our Bee Kiddush Conscious Fund.

Be a Kiddush BEE!
- $10 Worker bee
- $18 Builder bee
- $36 Hive Supporter bee
- $______ Other (up to $49*)

Please make checks payable to Beth Israel Sisterhood and indicate that you are contributing to the Sisterhood BEE Kiddush Conscious Fund! Mail your contribution to: Diane Lahn, 28 Beecham Court, Owings Mills, MD 21117.

*Note: If you want to contribute more than $49, please do not send the check to Diane Lahn. Instead, contact Rheta Rosen, 410-654-5258 or bunnyrheta@comcast.net.

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**ELECTIONS HAVE CONSEQUENCES**

**THIS JANUARY YOU CAN CAST YOUR VOTE FOR MERCAZ - THE OFFICIAL SLATE OF THE CONSERVATIVE MOVEMENT IN THE UPCOMING WORLD ZIONIST CONGRESS ELECTION**

Cast Your Vote to Defend  
Pluralism · Democracy · Equality  
and the future of the Conservative Movement in Israel

**TO LEARN MORE AND PLEDGE TO VOTE:**  
**TEXT 'VOTE' TO 917-336-1162**  
**OR VISIT MERCAZ2020.ORG**

**VOTE MERCAZ**  
**ELECTION BEGINS JANUARY 21, 2020**
JANUARY

1 WEDNESDAY – New Year’s Day
   Office Closed
   9:00 am Morning Minyan

2 THURSDAY
   12:00 pm Lunch & Learn

3 FRIDAY
   4:37 pm Candlelighting
   6:00 pm Potluck Dinner
   6:45 pm Shabbat Nefesh Service

4 SATURDAY
   9:30 am Shabbat Morning Service
   7:00 pm Jewish Film Festival: *Heading Home: The Tale of Team Israel* (2018)

5 SUNDAY
   BICLL Resumes
   9:15 am Yoga with Cantor Rolnick
   9:30 am Sisterhood Movie

10 FRIDAY
   4:44 pm Candlelighting
   6:00 pm Kabbalat Shabbat

11 SATURDAY
   9:30 am Shabbat Morning Service

12 SUNDAY
   9:30 am Hebrew Level 2 Class
   4:00 pm PA Art Workshop

13 MONDAY
   7:00 pm Stitch and Study

16 THURSDAY
   12:00 pm Lunch & Learn

17 FRIDAY
   4:51 pm Candlelighting
   6:00 pm Kabbalat Shabbat

18 SATURDAY
   9:30 am Shabbat Morning Service
   Bar Mitzvah of Zachary Eckstein
   4:50 pm Havdalah Learning
   (see pg. 3)
   4:50 pm Mincha
   5:10 pm Discussion
   6:10 Ma’ariv and Havdalah

19 SUNDAY
   NO BICLL
   1:00 pm Hazak Lunch and a Movie

20 MONDAY – MLK Jr. Day
   7:00 pm Learning Lab Plus at home

23 THURSDAY
   7:00 pm Stitch and Study

24 FRIDAY
   Claire Sodden Memorial Weekend
   6th & 7th Grade Retreat
   6:59 pm Candlelighting
   6:00 pm Kabbalat Shabbat

25 SATURDAY
   Claire Sodden Memorial Weekend
   6th & 7th Grade Retreat
   9:30 am Shabbat Morning Service
   7:00 pm Jewish Film Festival: *Crescendo*

26 SATURDAY
   Special Todah Service
   12:00 pm Cholent/Chili Cookoff Kiddush

27 SATURDAY
   Kiddush

28 SUNDAY
   1:00 pm Hazak Bingo

31 FRIDAY
   5:08 pm Candlelighting
   6:00 pm Kabbalat Shabbat

FEBRUARY

1 SATURDAY
   9:30 am Shabbat Morning Service
   7:00 pm Jewish Film Festival

2 SUNDAY
   9:15 am Yoga with Cantor Rolnick

6 THURSDAY
   12:00 pm Lunch & Learn

7 FRIDAY
   5:16 pm Candlelighting
   6:00 pm Potluck
   6:45 pm TGIF Service

8 SATURDAY
   9:30 am Shabbat Morning Service
   11:00 am “N & N” Shabbat
   6:00 pm PJ Havdallah

9 SUNDAY - Tu B'Shevat

13 THURSDAY
   7:00 pm Stitch and Study

14 FRIDAY
   5:24 pm Candlelighting
   6:00 pm Kabbalat Shabbat

16 SATURDAY
   9:30 am Shabbat Morning Service
   Special Todah Service
   12:00 pm Cholent/Chili Cookoff Kiddush

17 SUNDAY
   1:00 pm Hazak Bingo

20 THURSDAY
   12:00 pm Lunch & Learn
   7:00 pm Learning Lab Plus at home

21 FRIDAY
   5:32 pm Candlelighting
   6:00 pm Kabbalat Shabbat

22 SATURDAY
   9:30 am Shabbat Morning Service

23 SUNDAY
   9:30 am Preschool Father-Child Breakfast

28 FRIDAY
   5:39 pm Candlelighting
   6:00 pm Kabbalat Shabbat

29 SATURDAY
   9:30 am Sisterhood Shabbat
   Shabbat Morning Service
Thank You for Your Contribution

<table>
<thead>
<tr>
<th>Donations to</th>
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<tbody>
<tr>
<td>Prayer Book and Bible Fund</td>
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<td>K’vod L'Torah Fund</td>
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<td>Claire and Ken Sodden Memorial Youth Fund</td>
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<td>Camp Scholarship Fund</td>
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<td>Goldie Gorn Education Fund</td>
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<td>Rachel V. Glaser Fund for Educational Enrichment</td>
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<td>Marla Joy Lerner Audio/Video Lending Library</td>
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<td>Ted. H. Schweitzer Memorial Fund</td>
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<td>Rabbi Goldstein’s Discretionary Fund</td>
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<td>Cantor Rolnick’s Discretionary Fund</td>
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<td>may be made by calling the Synagogue office at 410-654-0800</td>
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<tr>
<td>or on-line at <a href="http://www.bethisrael-om.org">www.bethisrael-om.org</a></td>
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<tr>
<td>Sisterhood Mitzvah Cards</td>
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<tr>
<td>may be purchased by calling the Synagogue office at 410-654-0800</td>
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Minimum donations:
- Rachel V. Glaser Fund for Educational Enrichment - $18.00
- Prayer Book Fund w/Plate - $36.00
- Bible Fund - $30.00
- Bible w/Plate - $60.00
- Claire and Ken Sodden Memorial Youth Fund, Camp Scholarship Fund, Ted. H. Schweitzer Memorial Fund, Goldie Gorn Education Fund, and Beth Israel Fund - $10.00
- K’vod L’Torah Fund - $15.00

Todah Rabbah!

Sincere thanks and appreciation to those who remember to honor their friends and loved ones through their generous contributions.

**BETH ISRAEL FUND**

**IN HONOR OF**
- Marc Elison’s Special Birthday by Ellen & Harry Snydman
- Simchat Bat of Janis and Ira Berman’s Granddaughter, Summer
- Madson Amundson by Elise & Allan Posner
- Barbara Berg’s Special Birthday by Karen Garber & Andrew Sandler

**IN MEMORY OF**
- Marvin Blatt by Janet & Scott Shindell
- Stanley Chupnick by Elie & Allen Cohen, Stephen Gandel & Ruthie Block
- Ronald Sherman by Alan Hoffman, Elie & Allen Cohen, Kari, Mark, Allison, Andrew & Rachel Schlossberg
- Lorna Hoffman by Anita & Jeff Meddin, Ellie & Allen Cohen, Heidi Hoffman
- Harold Weiss by Carole Rothstein, Mark Schwartzman, Rheta Rosen, Sandy & Sheldon Dolbes, Stephen Gandel & Ruthie Block

**SPEEDY RECOVERY**
- Ellen Naftaniel by Marsha & Alan Blank, Roz & Henry Foxman

**K’VOD L’TORAH FUND**

**IN MEMORY OF**
- Ronald Sherman by Michelle, Scott, Aaron & Remy Wendell

**MARLA JOY LERNER LIBRARY FUND**

**IN MEMORY OF**
- Herbert Reines by Elizabeth & Bruce Shapiro

**PRAYER BOOK FUND**

**IN APPRECIATION OF**
- Ann Friedman by Michele & Marc Sussman

**IN MEMORY OF**
- Stanley Chupnick by Beth Israel Brotherhood, Debbie & Doug Hoffman, Tami, Alan & Michelle Levitas
- Herbert Reines by Marlene & Bruce Solomon
- Lorna Hoffman by Randi & Larry Waskow
- Bernard Toback by Miriam & Bob Stern
- Saundra Morstein by Jerry Treiber

**GOLDIE GORN MEMORIAL EDUCATION FUND**

**IN HONOR OF**
- Marriage of Beth Gansky’s daughter, Molly by Debbie & Chuck Frazer
- Bar Mitzvah of Lois Wolf’s grandson, Benjamin by Marilyn Schloss & Frank Goldstein
- Lois Wolf’s Special Birthday by Marilyn Schloss & Frank Goldstein
- Beth Land Hecht’s Special Birthday by Sandy & Howard Bernheim

**IN MEMORY OF**
- Lois Gamerman by Pauline & Barry Dahne
- Estelle Eisenberg by Linda & Harry Chupnick and Ilene & Herman Smaijerdman
- Marvin Blatt by Beth & David Hecht
- Nettie Jacobs by Randi & Larry Wasok
- Trisha Ostermann by Jerry Treiber
- Stanley Chupnick by Marlene & Bruce Solomon, Louise & Stuart Schuchalter, Diane & Donald Miller
- Ronald Sherman by Beth & David Hecht, Pauline & Barry Dahne
- Thomas Beaz on by Steve Gandel & Ruthie Block
- Robert Cohan by Steve Gandel & Ruthie Block, Sandie & Marty Zaben
- Bernard Toback by Beth & David Hecht, Debbie & Chuck Frazer, Risa & Robert Hurwitz, Ellen & Max Naftaniel, Rebecca Tucker

**RACHEL GLASER EDUCATION FUND**

**IN HONOR OF**
- Sydney Jordan becoming a Bat Mitzvah by Phyllis & Ralph Hersh
- Bar Mitzvah of Lois Wolf’s grandson, Benjamin by Ellie & Allen Cohen
- Lois Wolf’s 80th Birthday by Phyllis & Ralph Hersh
- Birth of Rachel & Rick Glaser’s Granddaughter, Elana Sharon by Helen & David Braittman, Jeanette & John Parmigiani

**IN MEMORY OF**
- Bernard Toback by Judith Iliff, Phyllis & Ralph Hersh, by Phyllis Goldstein, Rachel & Rick Glaser
- Harold Weiss by Phyllis Gold, Wendy & Scott Quartzner
- Ronald Sherman by Rachel & Rick Glaser
- Bernard Richmon by Rachel & Rick Glaser

Jerry Robins by Doris Sugar
Lorna Hoffman by Debbie & Chuck Frazer, Linda & Chuck Krengel and Family, Marge & Albert Kovasky
Herbert Reines by Doris Sugar, Judi & Bernie Catadza, Marilyn Schloss
Harold Weiss by Barbara & Allan Scherr, Beth & David Hecht, Diane & Donald Miller, Susan & Ron Satten, Sandy & Howard Berheim, Roz & Henry Foxman, Marilyn Schloss
Sincere thanks and appreciation to those who remember to honor their friends and loved ones through their generous contributions.

Jerry Robins by Doris Sugar
Lorna Hoffman by Debbie & Chuck Frazer, Linda & Chuck Krengel and Family, Marge & Albert Kovasky
Herbert Reines by Doris Sugar, Judi & Bernie Catadza, Marilyn Schloss
Harold Weiss by Barbara & Allan Scherr, Beth & David Hecht, Diane & Donald Miller, Susan & Ron Satten, Sandy & Howard Berheim, Roz & Henry Foxman, Marilyn Schloss

Randy & Cathy Ostermann
CLAIRED AND KEN SODDEN MEMORIAL YOUTH FUND

IN HONOR OF
Bar Mitzvah of Helen & David Braitman’s Grandson, Ethan by
Elaine & Harold Rothman and Family, Lois Wolf, Ileen & Al Bard, Iris & Gary Ingber, Sue & Phil Rabin, Rita & Ira Meier, Paula & Lou Friedman
Marilyn Schloss’ new home by Lois Wolf
Anne and Zel Gresser’s 65th Wedding Anniversary by Paula & Lou Friedman
Ellen Naftaniel’s 70th Birthday by Ellie & Allen Cohen
Sue Rabin’s Special Birthday by Helen & David Braitman
Paula and Lou Friedman’s Special Anniversary by Helen & David Braitman
Elaine Rothman’s Special Birthday by Helen & David Braitman
Lois Wolf’s Special Birthday by Helen & David Braitman, Ileen & Al Bard, Sue & Phil Rabin, Iris & Gary Ingber, Rita & Ira Meier
Bar Mitzvah of Lois Wolf’s grandson, Benjamin by Iris & Gary Ingber, Ileen & Al Bard, Rita & Ira Meier
Engagement of Diane and Howard Gartner’s son, Todd by Rita & Ira Meier, Lois Wolf, Helen & David Braitman
David Braitman’s birthday by Paula & Lou Friedman

IN MEMORY OF
Shirley Erkes by Selma & Len Sherman
Ronald Sherman by Randee & Harry Baumohl
Bernard Richman by Sherri & Stuart Fox and Family
Estelle Eisenberg by Charlene Berger
Lorna Hoffman by Roz & Henry Foxman, Sue & Phil Rabin, Sheila & Danny Stern, Diane & Howard Gartner
Bernard Toback by Myra Wittik, Roz & Henry Foxman, Peggy & Gil Goodman
Robert Cohan by Myra Wittik

SPEEDY RECOVERY
Ellen Naftaniel by Helen & David Braitman, Rita & Ira Meier, Paula & Lou Friedman, Sue & Phil Rabin

TED SCHWEITZER FUND

IN HONOR OF
Fritzie Schweitzer’s Special Birthday by Diane & Howard Gartner

RABBI GOLDSTEIN’S DISCRETIONARY FUND

IN HONOR OF
Officiating at the wedding of Abby Sussman & Joshua Land by Michele & Marc Sussman

Are you tired of playing the same games every year at our Purim carnival? Do you have an idea for a new one?

Participate in our PURIM CARNIVAL GAME CONTEST and build a new game! Prizes will be awarded.

Games must be appropriate for ages 6 and up. No fake weapons, please. Also consider safety and our space limitations. We will try to use your game at this year’s carnival.

Email bethisraelpapres@gmail.com with any questions or submissions.

All entries due by Sunday, February 2, 2020. Winners will be announced at the carnival.
CELEBRATE PURIM

Monday, March 9th
Purim Carnival | 5:30-7:00 pm
Megillah Reading and Spiel at 7:00 pm

Games for all ages, everyone gets a prize!
Unlimited play: $8/player (plus sibling discounts)
Dinner (dairy) available for purchase

Preorder dinner and tickets at:
tinyurl.com/BIOMPurim2020

Want to participate? Come January 6th from 6:15-8:00 pm
Beth Israel Celebrates

Mazal Tov to Congregants celebrating “special” life milestones (birthdays and anniversaries). While every birthday or anniversary is a reason to celebrate, if you are having one ending with a five or a zero, we will automatically list your name. We apologize if our records are incomplete or in error. If you do not want your name listed, please call us at least two months in advance.

JANUARY 2020 MILESTONE BIRTHDAYS:
- Debbie Taylor
- Michael Taylor
- Wulfred Berman
- Aileen Bormel
- Ina Quartner
- Larry Goldberg

FEBRUARY 2020 MILESTONE BIRTHDAYS:
- Evelyn Michel
- Ronald Jacobs
- Trudy Berman
- Barbara Black

JANUARY 2020 MILESTONE ANNIVERSARIES:
- Rosanne & Martin Horowitz
- Judy & Robert Miller

FEBRUARY 2020 MILESTONE ANNIVERSARIES:
- Laura & Richard Train
- Michele & Marc Sussman
- Sharon & Edward Klawansky
- Rochelle & Michael Cohen

May the Lord comfort and sustain you along with all the mourners of Zion and Jerusalem.

Praised are you, Adonai, our God who rules the universe, granting us life, sustaining us, and enabling us to reach this day.

Beth Israel Guide 15 January/February 2020
Schedule of Shabbat Services

FRIDAY EVENINGS
January 3 (Shabbat Nefesh) ..................................................6:45pm
January 10, 17, 24, 31 ..............................................................6:00pm
February 7 (TGIF) .....................................................................6:45pm
February 14, 21, 28 .................................................................6:00pm

SATURDAY MORNINGS
January 4, 11, 18 .................................................................9:30am
January 24 (Claire Sodden Memorial Weekend)..............9:30am
February 1, 8, 22 .................................................................9:30am
February 15 (Todah Shabbat) ..................................................9:30am
February 29 (Sisterhood Shabbat) .........................................9:30am

Inclement Weather Procedures

Religious Services & Congregational Programs

Decisions about cancelling or postponing a service or Congregational program are made independent of decisions about the Community Learning Lab or Preschool.

When there is inclement weather, listen to WBAL – AM (1090) or WCBM – AM (680) radio, or call the synagogue office for a specific announcement, which will be left on the voice message system at least one hour before the scheduled event. We will also email our plans and post updates on our website, bethisrael-om.org, and Facebook page, Beth Israel Congregation of Owings Mills, MD.