Daily Minyan Schedule
Weekday Mornings 7:00 am
Sunday Mornings 9:00 am.
Weekday Evenings 5:40 pm

NO SATURDAY OR SUNDAY EVENING MINYAN

L to R: Rabbi Jay R. Goldstein, Amian Frost Kelemer (CJE CEO), Lloyd Snow (Marcy's husband), Marcy Snow (Master educator), Nancy Tilson (Chair of the Educator Recognition Committee and CJE board member), Sherry Caplan (Preschool Director), and Rabbi Rachel Blatt (Director of Lifelong Learning).

Beth Israel Preschool's Marcy Snow Wins the 2018 Sam Kahan Distinguished Educator/Grinspoon Award for Excellence

see page 7

Annual meeting of the Congregation see page 3
Travel with Rabbi Goldstein see page 8
The Ultimate Piano Bar Jam Session recap see pages 9-12
Interested in Aging Wisely? see page 18
The Installation of Cantor Jen Rolnick see back page
Mazal Tov to our June B'nai Mitzvah!

June 2:
Ryan Mindel, son of Susan & Lewis Mindel

June 16:
Ira Hurwitz, son of Risa & Robert Hurwitz

June 23:
Alyssa Renew, daughter of Barbara & Robert Renew

June 30:
Miya Goodman, daughter of Uni Goodman

Sponsored by The Sandy and Howard Bernheim Leadership Initiative in memory of their parents, Bertha & Max Bernheim, and Sylvia & Samuel Stone.

It is our pleasure to congratulate the Sulam for Emerging Leaders (SEL) class at Beth Israel. This seven week Sulam program strengthened the participants’ personal connection to Judaism and helped to grow our future leadership base at Beth Israel. The program focused on building relationships, reflective leadership, and encouraging the sharing of ideas. With SEL we demonstrate how traditional texts and ritual combined with contemporary issues and leadership practices can provide a recipe for meaningful Jewish living and leading.
The Beth Israel Board of Trustees voted at its meetings on March 7, 2018 and April 3, 2018 to recommend an amendment to the Vice-President structure. The amendment will create an Executive Vice-President and two Vice-Presidents. An Executive Vice-President and a Vice-President will not have to follow a set timeline to serve in either role, or to eventually serve as President of the Congregation. The amendment is to be voted on at the Annual Meeting. All members are encouraged to attend.

Every year, in accordance with the Congregation By-Laws, a Nominating Committee is appointed to prepare a slate of the nominations for Officers and the Board of Trustees for the coming year. The slate is presented at the Annual Meeting and voted on by the Congregation. The following is the slate of Officers and new Board of Trustees members proposed for the 2018-2019 year to be voted on at the Annual Meeting:

**Officers:**
- President: Marc Hertzberg
- 1st Vice President: Heidi Hoffman
- 2nd Vice President: Scott Gensler
- 3rd Vice President: Ellie Feinerman
- Corresponding Secretary: Melissa Adler
- Recording Secretary: Jason Taule
- Treasurer: Len Rus
- Financial Secretary: Beth Hecht
- Immediate Past President: Randi Buergenthal

**Board of Trustees:**
- 1st Year of First Term:
  - Rodney Blockston
  - Ivan Lutwin
- 1st Year of Second Term:
  - Chuck Frazer

---

**High Holidays**

- **Selichot:** Saturday, September 1
- **Erev Rosh Hashanah:** Sunday, September 9
- **Rosh Hashanah Day 1:** Monday, September 10
- **Rosh Hashanah Day 2:** Tuesday, September 11
- **Kol Nidre:** Tuesday, September 18
- **Yom Kippur:** Wednesday, September 19

*Please check bethisrael-om.org periodically for updated High Holiday information.*
In this era of discord and uncertainty, it can be tempting to reduce the amount of anxiety in our lives by sticking to our familiar group of friends and colleagues and comfortable routines. In other words, by staying within our “comfort zone”, defined by Lifehacker as a “behavioral space where your activities and behaviors fit a routine and pattern that minimizes stress and risk”, we can help ourselves feel more certain and secure in an insecure world. But what if that tendency to stick with what’s comfortable limits our opportunities for growth and optimal performance?

In reality, though it may be challenging and uncomfortable, there are also a variety of benefits to moving outside of our comfort zone:

- Engaging in new activities and experiences forces us to tap into and develop our heretofore underutilized knowledge and resources. Often we have no idea of what we can accomplish until we try.

- Challenging ourselves can make us just anxious enough to perform at our peak whether in the workplace or in our personal lives. But too much stress can be detrimental to our ability to perform and maintain our physical and mental health so we need to make sure we have enough time and support when we take on new demands.

- Taking risks can liberate us from our fear of failure and desire to be perfect. Once we are able to recognize that there is always something to be learned from mistakes, we are more willing to try something new and use our learning experiences to build future success.

- Being willing to risk failure also enables us to be more creative. Those who are willing to take chances and be the most open to experience often possess or develop the intellectual curiosity, imagination and emotional dexterity that leads to creative success.

- Trying out unfamiliar activities can improve our well-being as we get older. Though our comfort zones often decrease in size as we age, if we can keep learning new and challenging life skills while staying engaged socially, we can maintain our mental acuity over the years.

- Finally, moving beyond our comfort zone can help us learn to deal with change and life is really just a series of changes or transitions to which we all need to learn to adjust.

But what if mastering the new goal you have in mind just seems too overwhelming? Rather than leap outside your comfort zone all at once, try taking baby steps towards engaging in the new activity you have in mind or fear you’d like to conquer. For example, if you’d like to improve your public speaking skills, begin by seeking opportunities to speak to small groups of people, even if they are just friends or family members. Or if you’d like to be more adventurous in your life, start by trying a new food, music venue, art project or outdoor challenge. You can also make the change you want to make less scary by spending time with those who are already doing what you’d like to do and learning from their successes and mishaps.

The summer can be a good time for adventure or personal or professional growth opportunities. This summer, why not engage in at least one new experience that pushes you outside of your comfort zone?

*Some of the information for this article was drawn from the following sources:


Sisterhood has formed another affiliated group - Mexican Train Dominoes. It’s open to both Sisterhood members and non-members, and was a popular feature of our March meeting. Beginners are certainly welcome. In fact, a lot of the people in the group were beginners in March. The tentative first meeting will be on a Sunday morning in early June, 9:30am, location is TBD. Cindy Bradley is organizing the meetings. Since it's a new group, please contact her at 410-484-2779 to confirm the date or for more information.

The Stitchers group is still going strong. It is open to Sisterhood members as well as non-members, and beginning stitchers are welcome. This group meets monthly (with some exceptions for holidays) in the homes of members who are able to host the group. For information, contact Beth Horton (brhort5166@acninc.net) or me.

Our April 11 general meeting featured Bernhard Kiewe, who spoke about his experiences leaving Germany as a child with his family in 1939 and living in Shanghai for 10 years. Mr. Kiewe came to the U.S. through the sponsorship of an aunt. About 50 people attended this meeting. During the question and answer period, quite a few attendees indicated that they either knew Mr. Kiewe or had connections to him through family members. Mr. Kiewe’s memory of people he had met was remarkable.

Sisterhood and Brotherhood were co-sponsors for Hazak Shabbat on April 14. Members of both groups helped with the Shabbat service and kiddush. We are grateful for the opportunity to participate.

On April 24, Beth Israel Sisterhood members joined Sisterhood members from five other synagogues at Chizuk Amuno for the annual Joint Sisterhood Dinner. Of the six participating synagogues, only three have the facilities to accommodate the almost 200 attendees (Beth Israel and Beth El are the other two). Next year, the dinner will be at Beth Israel on April 10.

Sisterhood joined Brotherhood for the Shredding Event on April 29. It is proving to be a popular program, and we plan to have another one next year.

Our Donor Brunch was Sunday, May 6. New officers and Board of Directors members were installed. Following the Brunch, we joined the Women’s League Seaboard Region (of which we are a member) when they installed its new officers at Adat Chaim. Cathy Litofsky of Adat Chaim is the incoming Seaboard Region President. We attended the ceremony to help our neighbor Sisterhood celebrate Cathy’s election.

Ellen Naftaniel was chosen by Beth Israel’s Sisterhood to be honored at the annual convention of the Federation of Jewish Women’s Organizations of Maryland on May 24. We are proud of Ellen’s accomplishments and certainly appreciate the many contributions she has made to our Sisterhood.

We joined representatives of other Beth Israel groups in May to work on calendar event scheduling for the 2018-2019 year. We hope that this method of choosing event and program dates will avoid conflicts and duplication of programs.

Now is a great time to contact me with suggestions for next year or comments about our program and events this past year; 410-526-5573 or pennykafka@verizon.net.

Sisterhood needs your support for Saturday Kiddush. If you would like to supplement the cost of the kiddushim that Sisterhood provides every Shabbat, please contribute to our Bee Kiddush Conscious Fund.

"Bee" Kiddush Conscious
Sisterhood needs your support for Saturday Kiddush. If you would like to supplement the cost of the kiddushim that Sisterhood provides every Shabbat, please contribute to our Bee Kiddush Conscious Fund.

Be a Kiddush BEE!
$10 Worker bee
$18 Builder bee
$36 Hive Supporter bee
$_________Other (up to $49*)

Please make checks payable to Beth Israel Sisterhood and indicate that you are contributing to the Sisterhood BEE Kiddush Conscious Fund! Mail your contribution to: Diane Lahn, 28 Beecham Court, Owings Mills, MD 21117.

*Note: If you want to contribute more than $49, please do not send the check to Diane Lahn. Instead, contact Rheta Rosen, 410-654-5258 or bunnyrheta@comcast.net.

Name: ___________________________________________________
Phone: __________________________________________________
Address: ___________________________________________________
$10______ $18______ $36______ Other $ _______ (up to $49*)
Brotherhood

Thank you to everyone who came out to support the Brotherhood at our Shredding event on April 29, co-sponsored by Sisterhood. It was our final event of the year. We had traffic all morning long.

Our activities this past year included a barbecue, Steak and Scotch in the Sukkah, set-up and tear down of the Sukkah, Sunday morning breakfasts with speakers, Sports Night, volunteering on Mitzvah Day, Brotherhood Shabbat, shredding event, the FJMC International Convention, and the Blue Yarmulke Man of the Year Awards, where two members were honored: Seth Glassman and Sheldon Schwartz, z”l.

I am excited for my second year as President of Beth Israel Brotherhood. We will have even more exciting activities planned for the upcoming year.

We look forward to having you as a member of the Brotherhood, and seeing you at a future event. Contact info: bethisraelbrotherhood@yahoo.com.

Gloria Friedman & Harriet Shapiro, Co-Presidents

Please join us for dinner and a show on Sunday, June 3, at 5:45pm. Entertainer Sandy Livingston will explore the life of musician Jule Styne. Gentlemen Prefer Blondes, Gypsy, Funny Girl... These are just some of the hit musicals for which Jule Styne wrote the music. Through stories, slides and videos you will be introduced to this man who was not only quite a “character,” but also an exceptional musician who gave us some of our most beloved songs and Broadway shows.

Cost: $22/members, $25/guests. Your check is your reservation. Please make checks payable to: Beth Israel/Hazak. Mail checks to: Vera Kestenberg, 6350 Red Cedar Place Unit 401, Baltimore, MD 21209.

For more information, please call Gloria Friedman, 410-318-8009, or Harriet Shapiro, 410-358-2711.
The Preschool is very excited to announce that our very own Marcy Snow has won the prestigious Sam Kahan Distinguished Educator/Grinspoon Award for Excellence. “The recipient is a master Jewish educator who serves as an inspiration to both students and peers.” Marcy is an inspiration with her hard work, creativity and dedication to our preschool.

Beth Israel is proud to be a part of the Center for Jewish Education’s celebration of Israel’s 70th birthday. In conjunction with other area Jewish preschools, we have recreated a map of Israel. Each school was given a portion of Israel to study. We learned about The Negev and Mitzpa Ramon. Using found materials, the children created the rocky desert and small town on a small canvas. Putting the canvases from all of the schools together make a large map that will debut at CJE and travel next year to the participating synagogues.

We would like to thank our outgoing PTO President, Amanda Freyer and all of the wonderful volunteers who help us throughout the year. We could not do it without you!

Congratulations to our new graduates! It has been wonderful to watch you grow. We wish you much mazel in Kindergarten.

**Fall 2018-2019**

Come join our Family! We are currently accepting applications for the Fall. Our program welcomes two, three and four year olds into a nurturing, secure environment that promotes social and intellectual growth. Schedules are designed to meet the needs of our families and range from 2-5 days with hours from 7:00am-5:00pm. We also offer a *Me Too!* class for children 15 to 23 months. Applications are available in the Preschool office.
Beth Israel’s European Heritage Tour

JUNE 16 – JUNE 30, 2019

Join Rabbi Goldstein in the heart of Europe to explore the story of our People – their enduring accomplishments, their world-changing ideas, and their sorrows – on this moving Jewish travel experience for all.

Beth Israel’s European Heritage Tour includes stops in Berlin, Dresden, Prague, Vienna, Bratislava, and Krakow. The itinerary highlights places of Jewish historical and cultural interest, and we are especially excited to be taking part in the annual Jewish Culture Festival in Kraków. Along the way we will also cover world heritage experiences such as Hradcany Castle in Prague, a classical concert in Vienna and a cruise on the Danube River.

Beth Israel’s European Heritage Tour is led by Rabbi Goldstein and is escorted by a tour manager and local city guides along the way.

For more information, please contact Rabbi Goldstein at 410-654-0800, or rebjay@aol.com.

For itinerary, cost and registration details, please visit:

https://www.authenticisrael.com/bethisrael

Sponsor a Kiddush, Share Your Simcha

The custom of sponsoring a Kiddush is a wonderful way to share your joy and at the same time support Beth Israel.

You can honor a person, remember a loved one, or celebrate a simcha. Your sponsorship will appear in the Shabbat Program that week and in the following month’s issue of the Guide.

As a community we delight in each other’s simchas, and would be honored if you share yours with us. Contact Ann Friedman at 410-654-0800 x210 or afriedman@bethisrael-om.org.

May Kiddush Sponsors & Contributors

• Beth Israel Sisterhood
• Michele & Myles Livingston in honor of their son Adam becoming a Bar Mitzvah.
• Eileen & Jerry Chiat in honor of Eileen’s “Special Birthday”.
• Beth & Brion Weintzweig in honor of their daughter Lily becoming a Bat Mitzvah.
• Randi & Eric Kraus in honor of their daughter Jenna becoming a Bat Mitzvah.
• Mona & Russ Kaufman in honor of the Aufruf of Danny Kaufman & Samantha Nudelman.

American Red Cross Blood Drive

Walk-Ins Welcome!

Tuesday, August 21
2pm – 7:30pm

The need is constant. The gratification is instant. Give blood. To schedule an appointment, visit redcrossblood.org, sponsor keyword: BethIsraelOwingsMills.

Our Summer Services

Beth Israel will not have Saturday evening Mincha/ Maariv/Havdallah services during June, July, or August. They will resume on September 1.

Please join us on Saturday for a Yahrzeit Aliyah or Sunday mornings during the summer months.
Thank you for your support.

- **The Ultimate Piano Bar Jam Session**
  - Sunday, April 29, 2018

**Thank You**

**Fortissimo – Event Sponsor**
- *Baltimore Jewish Times*

**Allegro – Dessert Table Sponsor**
- Sandy & Howard Bernheim
  - Beth Israel Brotherhood

**Pianissimo – Silent Auction Sponsor**
- Eddie Applefeld - Emcee
- Anita & Jeff Meddin
- Sue & Phil Rabin

*Thank you for your support.*
The Ultimate Piano Bar Jam Session
Sunday, April 29, 2018

THANK YOU
Legato – Supporter

Acclaimed Promotional Specialties
Candice & Carl Baylin
Rabbis Rachel & Marc Blatt
Drs. Sara & Brian Block
Janis & Ira Bormel
Helen & David Braitman
Judi & Bernard Cataldo
Ellie & Allen Cohen
Debbie & Chuck Frazer
Paula & Louis Friedman
Cindy & Rabbi Jay Goldstein
Diane & Scott Gensler
Beth & David Hecht

Randi & Marc Hertzberg
Deborah & Doug Hoffman
Heidi Hoffman
Honeygo Wine & Spirits
Drs. Renee & Brian Lerner
Rita & Ira Meier
Ellen & Max Naftaniel
Aliza & David Rothenberg
Elaine & Harold Rothman
Marilyn Schloss
Diane & Edward Steinberg
Lois Wolf

Thank you for your support.
At this time of the year, our families are enjoying graduations, commencements, other awards and recognitions of children, grandchildren, and spouses. We want you to share your nachas with us!

Please email the following information to include in the Guide to Dana Snyder, dsnyder@bethisrael-om.org by Friday, June 29:

• Photo of Honoree
• Name of Honoree
• Son/Daughter/Grandchild/Parent/Spouse of
• Honor or Achievement Received
• Graduating from (Name of School)
• Accepted By (Future School)
• Planning to Study (Subject)
• Starting to Work (position or future employer)

We want you to share your nachas with us!

Interested in reaching nearly 700 local households with your message? You should place an ad in the Guide, the monthly newsletter of Beth Israel.

For more information, please contact Dana Snyder at dsnyder@bethisrael-om.org.

SAVE THE DATES!

Friday Night Services and Dinner

July 20: Potluck dinner. Details coming soon.
August 17: "Welcome Back from Camp!"
Share your camp tunes and join us for a dairy Potluck dinner.
August 31: Barchu & Barbecue

Send Us Your Pictures!

Do you have photos from a Beth Israel event? Share them with us and they may be featured online or in print!

Please email Dana Snyder, dsnyder@bethisrael-om.org

SHARING IN THE PRIDE OF ACCOMPLISHMENT

BethIsrael Congregation of Owings Mills, MD
Beth Israel Community Learning Lab
Beth Israel Preschool
If you have been emailing for any amount of time, you know the basics of email etiquette: don’t use all caps unless you are extremely angry, and even then be sparing with that sort of email, don’t send confidential information, be especially careful before you hit “Reply All.”

Following the above advice should keep you safe from harm to your job or workplace relationships. Which means that you are ready to achieve the next level of email professionalism. Here are some do’s and don’ts that will ensure you present yourself in your absolute best light:

- Do punctuate carefully. If you are trying to be emphatic, one exclamation point will do. Try to use more powerful words instead to convey your passion.
- Do keep sentences short and paragraphs shorter. Be careful and brief. Separate paragraphs (and not too many paragraphs!) to give your reader’s eye a chance to rest, and to ensure every sentence is read, rather than skimmed.
- Don’t write the whole email in the subject line unless you can make your point in a short, complete sentence. For clarity, in the body of the email, write “The subject line says it all.”
- Don’t send an email when a phone call or face-to-face meeting would be a more effective way to interact – for example, if the topic is very sensitive or very complex. Many advanced emailers keep to a three-exchange maximum and then go to a different mode of communication if the topic is not resolved.

Finally, and most importantly, re-read the email before you send it. Does it contain abbreviations you would find in a text to a friend rather than a colleague at work? Does it reflect the tone you intend? Can you anticipate how it might be received? Advanced emailers have the right answers to those questions.

Sherri Sacks is an Outreach Specialist and Career Coach for the JCS Career Center.

The JCS Career Center offers comprehensive employment assistance. For more information, call 410-466-9200 or visit jcsbaltimore.org.
June is one of America’s favorite months for vacationing, and it is also one of the best months to visit Israel. It’s not too hot, yet still nice enough to enjoy Israel’s beautiful beaches and enviable weather.

From north to south, east to west, Israel is filled with historic treasures and modern marvels. At only roughly the size of New Jersey, the Jewish state’s diverse array of spectacles is truly unique.

There’s something for everyone to love in Israel—from the forests, mountains and lakes of the Galilee in the north, to the ancient holy city of Jerusalem in the east, to the natural beauty of the Negev desert and the Red Sea beaches of Eilat in the south, to the high-tech, modern city of Tel Aviv along the Mediterranean Sea in the west. These are only a few of the many destinations in Israel.

It appears more and more people are coming to appreciate Israel’s beauty and allure. Last year was a record-breaking year for Israeli tourism: Some 3.6 million people visited the Jewish state in 2017, according to Israeli Ministry of Tourism statistics. This is a 25 percent increase from 2016.

Interestingly, 59 percent of the tourists who visited Israel in 2017 were doing so for the first time.

By far, the largest proportion of these tourists, around 700,000, came from the United States—a 21 percent increase from the previous year. Many more also came from Russia (307,000), France (284,000) and the United Kingdom (185,000).

In 2017, most of these tourists visited Jerusalem (78 percent) and Tel Aviv-Jaffa (67 percent), while large numbers also visited the Dead Sea (49 percent) and Tiberias and the Galilee region (35 percent).

(AIPAC, continued on page 16)
Beth Israel Celebrates

Mazel Tov to Congregants celebrating “special” life milestones (birthdays and anniversaries). While every birthday or anniversary is a reason to celebrate, if you are having one ending with a five or a zero, we will automatically list your name. We apologize if our records are incomplete or in error. If you do not want your name listed, please call us at least two months in advance.

**June Special Birthdays:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>James Oremland</td>
<td>Janis Miller</td>
<td>Nancy Braverman</td>
</tr>
<tr>
<td>Stuart Fox</td>
<td>William H. Mitchell</td>
<td>Joan Ross</td>
</tr>
<tr>
<td>Felicia Stolusky</td>
<td>Rosalyn Bronstein</td>
<td>Jill Levin</td>
</tr>
<tr>
<td>Marlene Solomon</td>
<td>Judith Campf</td>
<td>Harold Glatter</td>
</tr>
</tbody>
</table>

**June Special Anniversaries:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aileen &amp; Marc Grebow</td>
<td>Andrea &amp; Stanley Book</td>
<td></td>
</tr>
<tr>
<td>Nancy &amp; David Glaser</td>
<td>Sandy &amp; Stephen Snyder</td>
<td></td>
</tr>
<tr>
<td>Joanne &amp; Jared Mandell</td>
<td>Jane Rosseim &amp; Jane Friedman</td>
<td></td>
</tr>
<tr>
<td>Elena &amp; Lee Caplan</td>
<td>Frank Friedman</td>
<td></td>
</tr>
<tr>
<td>Sherry &amp; Howard Greenberg</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**July Special Birthdays:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Edward Klawansky</td>
<td>Richard Glaser</td>
<td>Alan Hoffman</td>
</tr>
<tr>
<td>Jerold Wassel</td>
<td>William Tabak</td>
<td>David Shevitz</td>
</tr>
<tr>
<td>David Silberman</td>
<td>Robert Hurwitz</td>
<td>Susan Heir</td>
</tr>
<tr>
<td>Jerald Katz</td>
<td>Rick Esterson</td>
<td>Leon Kedzierski</td>
</tr>
<tr>
<td>Charlotte</td>
<td>Elizabeth Schuman</td>
<td>Scott Navy</td>
</tr>
<tr>
<td>Geller-Warfield</td>
<td>Norman Geller</td>
<td>Janet Mazor</td>
</tr>
<tr>
<td>Lisa Greason-Aronin</td>
<td>Bryna Bernstein</td>
<td>Ann Friedman</td>
</tr>
</tbody>
</table>

**July Special Anniversaries:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shelbie &amp; Jerold Wassel</td>
<td>Alan Hoffman</td>
<td>David Shevitz</td>
</tr>
<tr>
<td>Debbie &amp; Lou Taylor</td>
<td>William Tabak</td>
<td>Susan Heir</td>
</tr>
<tr>
<td></td>
<td>Robert Hurwitz</td>
<td>Leon Kedzierski</td>
</tr>
<tr>
<td></td>
<td>Rick Esterson</td>
<td>Scott Navy</td>
</tr>
<tr>
<td></td>
<td>Elizabeth Schuman</td>
<td>Janet Mazor</td>
</tr>
<tr>
<td></td>
<td>Norman Geller</td>
<td>Ann Friedman</td>
</tr>
</tbody>
</table>

Beth Israel Mourns

Bertold Bodenheimer, brother of Elizabeth (Robert) Wolfson.

Dr. Harold H. Gilbert, husband of Phyllis Gilbert, father of Debbie (Dr. Seth) Glassman.


Leon Hornstein, Jr., father of Steven (Jill) Hornstein, grandfather of Samuel and Jeffrey Hornstein.

Samuel Platt, father of Laura (Richard) Train, grandfather of Jeremy and Allison Train.

Jerome (Jerry) Wittik, husband of Myra Wittik, father of Ann Wittik-Bravmann (Daniel Bravmann) and Gail (late Laurence) Katz, grandfather of Sarah Katz.

**May the Lord comfort and sustain you along with all the mourners of Zion and Jerusalem**

Middle East Spotlight

(AIPAC, continued from page 15)

The Ministry’s report also noted that tourism last year added more than $5.6 billion (NIS 20 billion) to the Israeli economy.

Israeli tourism also achieved a historic milestone on March 22, when Air India Flight 139 traveled from New Delhi to Tel Aviv through the airspace of Oman and Saudi Arabia. This unprecedented event—which is now a regular flight route—illustrates some benefits of the increasing cooperation between Israel and the Gulf countries.

There is no doubt that Israel is experiencing a tourism boom, despite all the threats to the Jewish state—from an increasingly aggressive Iran, to the terrorist group Hezbollah’s 150,000 rockets and missiles on Israel’s northern border. But with Israeli ingenuity and the support of the U.S.-Israel relationship, Israel’s successes—in tourism and elsewhere—are only likely to grow.

To learn more about how you can get involved in pro-Israel activism, please visit www.aipac.org.
Thank You for Your Contribution

Donations to the

Prayer Book and Bible Fund
K'vod L'Torah Fund
Claire and Ken Sodden Memorial Youth Fund
Camp Scholarship Fund
Goldie Gorn Education Fund
Rachel V. Glaser Fund for Educational Enrichment
Marla Joy Lerner Audio/Video Lending Library
Ted. H. Schweitzer Memorial Fund
Beth Israel Fund
Rabbi Goldstein's Discretionary Fund
Cantor Rolnick's Discretionary Fund
Rabbi Blatt's Discretionary Fund

may be made by calling the Synagogue office at 410-654-0800 or on-line at www.bethisrael-om.org.

Sisterhood Mitzvah Cards
PTA Mitzvah Cards
may be purchased by calling Francine Seltzer at 410-581-0544

Minimum donations:
Rachel V. Glaser Fund for Educational Enrichment, Prayer Book Fund - $18.00
Prayer Book w/Plate - $36.00
Bible Fund - $30.00
Bible w/Plate - $60.00
Claire and Ken Sodden Memorial Youth Fund, Camp Scholarship Fund, Ted. H. Schweitzer Memorial Fund, Goldie Gorn Education Fund, and Beth Israel Fund - $10.00
K'vod L'Torah Fund, Mitzvah Fund $15.00

GOLDIE GORN EDUCATION FUND

In Memory of:
Maurice Garfield by Stephen Gandel & Ruthie Block
The Aunt of Mr. & Mrs. Daniel Borinsky
Jerome Wittik by Ellen & Max Naftaniel, Phyllis & Ralph Hersh, Pauline & Barry Dahne, Trudy & Wulf Berman
Dr. Harold Gilbert by Ellen & Max Naftaniel, Sandy & Howard Bernheim
Ruth Klein by Ellen & Max Naftaniel
Sharon Freedman by Linda & Harry Chupnick
Marsha Dahne by Pauline & Barry Dahne
Arthur Kaplan by Sandie & Martin Zabin and Maxine Levin
Jacob Max Taccardi by Steve Gandel & Ruthie Block
Bruce Hollander by Steve Gandel & Ruthie Block

In Honor of:
Andrea Leaf’s special birthday by Alma Klein
Adam, the Grandson of Sandra & Charles Livingston
becoming a Bar Mitzvah by Lois Wolf
Lily Weintzweig becoming a Bat Mitzvah by Alma Klein

Speedy Recovery:
Ira Meier by Judi & Bernie Cataldo

Marla Joy Lerner Fund

In Memory of:
Dr. Harold Gilbert by Renee & Brian Lerner
Jerome Wittik by Gloria Friedman

BETH ISRAEL FUND

In Memory of:
Sam Nusinov by Steve Gandel & Ruthie Block
Jerome Wittik by Erin & Andy Katz
Richard Rubin by Erin & Andy Katz
Dr. Harold Gilbert by Erin & Andy Katz
Richard Rubin by Phyllis and Paul Freiman
Gloria Pruce by Steve Gandel & Ruthie Block
Betty Zlotowitz by Francine & Richard Shure
Jerry Gorman by Francine & Richard Shure

In Honor Of:
Seth Glassman named Man of the Year at the Blue Yarmulke Gala by Eddie & Diane Steinberg, Jay & Marsha Gammerman
Steve Osterweil’s 50th Birthday by the Kreiger Family
Ira Hurwitz becoming a Bar Mitzvah by Elliott Hurwitz
Eileen Chiat’s 70th Birthday by June Goldfield
Eddie Steinberg’s Special Birthday by Joanne & Jared Mandel
Jake Hertzberg graduating from University of Southern California by Erin & Andy Katz

Speedy Recovery:
Myra Wittik by Ellen Jachman, Cindy & Stephen Bradley

GLASER FUND FOR EDUCATIONAL ENRICHMENT

In Honor Of:
Mr. & Mrs. Alan Blank’s grandson, Zachary, becoming a Bar Mitzvah by Ellie & Allen Cohen
The wedding anniversary of Diane & Joel Lahn by Randi, Larry, Lindsay, and Allison Waskow

Speedy Recovery:
Ira Meier by Ellen & Max Naftaniel

TED SCHWEITZER FUND

In Memory of:
Dr. Harold Gilbert by Marlene & Bruce Solomon

Speedy Recovery:
Ira Meier by Marlene & Bruce Solomon

PRAYER BOOK FUND

In Memory of:
Dr. Harold Gilbert by Beth Israel Brotherhood

Todah Rabbah!

Sincere thanks and appreciation to those who remember to honor their friends and loved ones through their generous contributions.

Claire and Ken Sodden Memorial Youth Fund

In Memory of:
Dr. Harold Gilbert by Helen & David Braitsman, Ellie & Allen Cohen, Larry, Randi, Lindsay, & Allison Waskow
Steven Kasin by Larry, Randi, Lindsay, & Allison Waskow
Jerome Wittik by Ilene & Allan Blumberg, Mona & Rus Kaufman, Beth Israel Chavurah Group

In Honor of:
Randi Kohn’s promotion by Sue & Phil Rubin
Marcy Snow receiving the Sam Kahan Distinguished Educator/Grinspoon Award for Excellence by Gail Potashnick

Speedy Recovery:
Ira Meier by David & Helen Braitsman, Sherry & Howard Greenberg, Lois Wolf, Sue & Phil Rubin, Paula & Lou Friedman

Goldie Gorn Education Fund

In Memory of:
Maurice Garfield by Stephen Gandel & Ruthie Block
The Aunt of Mr. & Mrs. Daniel Borinsky by Stephen Gandel & Ruthie Block
Jerome Wittik by Ellen & Max Naftaniel, Phyllis & Ralph Hersh, Pauline & Barry Dahne, Trudy & Wulf Berman
Dr. Harold Gilbert by Ellen & Max Naftaniel, Sandy & Howard Bernheim
Ruth Klein by Ellen & Max Naftaniel
Sharon Freedman by Linda & Harry Chupnick
Marsha Dahne by Pauline & Barry Dahne
Arthur Kaplan by Sandie & Martin Zabin and Maxine Levin
Jacob Max Taccardi by Steve Gandel & Ruthie Block
Bruce Hollander by Steve Gandel & Ruthie Block

In Honor of:
Andrea Leaf’s special birthday by Alma Klein
Adam, the Grandson of Sandra & Charles Livingston
becoming a Bar Mitzvah by Lois Wolf
Lily Weintzweig becoming a Bat Mitzvah by Alma Klein

Speedy Recovery:
Ira Meier by Judi & Bernie Cataldo

Marla Joy Lerner Fund

In Memory of:
Dr. Harold Gilbert by Renee & Brian Lerner
Jerome Wittik by Gloria Friedman
**Yahrzeit Contributions**

- Marlyn & Lawrence Abrams
- Lily & Howard Abramson
- Sydney & Harry Bass
- Henry Benesch
- Cindy & Stephen Bradley
- Jan & Stewart Braunstein
- Diane & Howard Burkorn
- Judy & Laurence Campf
- Eileen & Jerry Chiat
- Rochelle & Michael Cohen
- Genine & Josh Fidler
- Anna & Michael Finkel
- Paul Freiman
- William Friedlander
- Libby Frothingham
- Stephen Gandel
- Sharon & Louis Gilden
- Karen & Larry Goldberg
- Rona & Arnold Greenspan
- Phyllis & Ralph Hersh
- Jeanie Hillman-Brotman
- Ellen Jachman
- Eileen & Howard Jacobs
- Estelle Kandel
- Vera Kentenberg
- Sharon & Edward Klawansky
- Rona Kogan
- Cheryl & Michael Koven
- Loretta Krieger
- Irving Lerner
- Jill & Joel Levin
- Louise Macks
- Saundra & Dave Madoff
- Joanne & Jared Mandell
- Davina Mindel
- Evelyn Posner
- Gail Potashnick
- Wendy & Scott Quaetner
- Dolores Rhody
- Ruth Rosen
- Phyllis & Melvin Rubin
- Norma Samson
- Marilyn Schloss
- Fritzie Schweitzer
- Beth Shavitz
- Sherryl & David Silberman
- Sidra & Peter Silton
- Barbara & Jeffrey Tapper
- Marcia & Harold Tappan
- Harold Weinberger
- Jane Weiss
- Barry Weiss
- Gayle & Jeffrey Welsh
- Myra & Jerome Wittik
- Lois Wolf
- Diane & Herbert Wolfson
- Diane & Mayer Zimmerman

**Yizkor Contributions**

- Laurie & David Bokow
- Ellen & Chuck Donen
- Dee Ellison
- Elliott Hurwitz
- Tami & Alan Levitas
- Davina Mindel
- Beth Shavitz
- Emanuel Silverstein

---

**Interested in Aging Wisely?**

Beth Israel is seeking a diverse cohort of 12 congregants ages 60-75ish for our Fall 2018 session of *Wise Aging*. Join fellow shul members for a six-week peer group conversation designed to enable participants to explore the ways in which Jewish tradition and spiritual practice can help them embrace this stage of life with wisdom and joy.

Based on a comprehensive curriculum developed by the Institute for Jewish Spirituality in New York, *Wise Aging* sessions employ learning modes such as text study, contemplative listening, mindfulness and reflection to explore topics such as understanding what is special about this stage of life, cultivating nourishing relationships, practicing forgiveness and leaving a legacy.

The Fall 2018 group will be co-facilitated by three social workers in our community: Cindy Goldstein, Beth Hecht and Sarah Shapiro. Each participant is asked to pay a program fee of $72 that includes a copy of the *Wise Aging* book.

Proposed dates for Fall 2018: Monday evenings, October 8 & 22, November 5 & 19, and December 3 & 17, 7-9pm. To ensure group cohesion and maximum personal benefit, interested participants are asked to commit to attending ideally all six sessions, but no fewer than five sessions. Another *Wise Aging* cohort will begin Spring 2019, perhaps during daytime hours if there is sufficient interest.

**Interested in learning more about this enriching opportunity? Want to be considered for our Fall 2018 or Spring 2019 group?** Space is limited so please contact Sarah Shapiro, sshapiro@bethisrael-om.org, as soon as possible, but no later than July 15 for the Fall 2018 group. If more congregants are interested in the Fall 2018 cohort than there are slots, a diverse cohort will be built and the remaining congregants will be invited to join a waiting list for a future session.

Please consider this transformative opportunity to embrace aging mindfully and with grace.

---

**Follow Us On**

@BethIsraelOM

---

**Is Your Bar/Bat Mitzvah Coming Up?**

Please email a headshot, including kippah and tallit, to Ann Friedman no later than 8 weeks prior to your Bar/Bat Mitzvah month, afriedman@bethisrael-om.org.

The photo will be printed in the *Guide*, and will also be displayed on our monitor in the chapel lobby.

Beth Israel is looking forward to sharing your simcha!
June

1 FRIDAY
  9:00 am Habitat for Humanity
  5:30 pm Shababa
  6:00 pm Potluck Dinner
  6:45 pm TGIF Shabbat
  8:09 pm Candlelighting

2 SATURDAY
  9:30 am Shabbat Morning Services
  Bar Mitzvah: Ryan Mindel
  No Saturday evening minyan until 9/1

3 SUNDAY
  5:45 pm Hazak Program

7 THURSDAY
  12:00 pm Lunch & Learn

8 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:14 pm Candlelighting

9 SATURDAY
  9:30 am Shabbat Morning Services
  Installation of Cantor Jen Rolnick

14 THURSDAY
  12:00 pm Lunch & Learn

15 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:18 pm Candlelighting

16 SATURDAY
  9:30 am Shabbat Morning Services
  Bar Mitzvah: Ira Hurwitz

22 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:19 pm Candlelighting

23 SATURDAY
  9:30 am Shabbat Morning Services
  Bat Mitzvah: Alyssa Renew

29 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:20 pm Candlelighting

30 SATURDAY
  9:30 am Shabbat Morning Services
  8:00 pm Bat Mitzvah: Miya Goodman

July

4 WEDNESDAY – Independence Day
  Office Closed
  9:00 am Morning Minyan
  5:40 pm Evening Minyan

6 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:19 pm Candlelighting

7 SATURDAY
  9:30 am Shabbat Morning Services

13 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:16 pm Candlelighting

14 SATURDAY
  9:30 am Shabbat Morning Services

20 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat and Potluck dinner
  8:11 pm Candlelighting

21 SATURDAY – Erev Tisha B’av
  9:30 am Shabbat Morning Services

22 SUNDAY – Tisha B’av
  9:00 am Morning Minyan

27 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:06 pm Candlelighting

28 SATURDAY
  9:30 am Shabbat Morning Services

29 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  8:11 pm Candlelighting

30 SATURDAY
  9:30 am Shabbat Morning Services

August

3 FRIDAY
  6:15 pm Wine & Cheese
  6:30 pm Kabbalat Shabbat
  7:58 pm Candlelighting

4 SATURDAY
  9:30 am Shabbat Morning Services

Specializing In:
- Fine Dry Cleaning
- Expert Shirt Service
- Elegant Handcleaning
- Expert Alterations

2 Convenient Locations to Serve You

11299 Owings Mills Blvd.
Crondall Corner Shopping Center
Owings Mills, MD 21117
410-356-9600

1852 Reistertown Rd.
Woodholme Shopping Center
Pikesville, MD 21208
410-653-1881

"The Name You Can Trust"
June/July 2018
Sivan – Tammuz – Av 5778
اتحاد – סיוון תשע”ח

Schedule of Shabbat Services

<table>
<thead>
<tr>
<th>Day</th>
<th>Service Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday Evening Kabbalat Shabbat</strong></td>
<td></td>
</tr>
<tr>
<td>June 1</td>
<td>Shababa: 5:30 pm</td>
</tr>
<tr>
<td>June 1 (TGIF)</td>
<td>Shababa: 6:45 pm</td>
</tr>
<tr>
<td>June 8, 15, 22, 29</td>
<td>Shababa: 6:30 pm</td>
</tr>
<tr>
<td>July 6, 13, 20, 27</td>
<td>Shababa: 6:30 pm</td>
</tr>
<tr>
<td><strong>Shabbat Mornings</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Shacharit: 9:30 am</td>
</tr>
<tr>
<td></td>
<td>Alternative Minyan: 10:15 am</td>
</tr>
<tr>
<td></td>
<td>Shababa: 10:15 am</td>
</tr>
<tr>
<td></td>
<td>Beginyan: 10:30 am</td>
</tr>
</tbody>
</table>

Friday evening, June 8
Please join us for our first outdoor service of the season!
6:15pm Enjoy wine and cheese with your friends.
6:30pm Special Kabbalat Shabbat with Cantor Jen Rolnick, and guests Cantor Nancy Abramson and Cantorial student Jake Greenberg.

Please join us as we come together as a community to celebrate

The Installation of Cantor Jen Rolnick
Shabbat morning, June 9, 9:30am
Festive Kiddush to follow

Cantor Nancy Abramson, Director, HL Miller Cantorial School
Cantor Jen Rolnick
Jake Greenberg, Cantorial student

To help sponsor our special Kiddush luncheon, please contact Ann Friedman to make a donation, afriedman@bethisrael-om.org or 410-654-0800, x210.

There is no admission fee for this event.
However, RSVPs are requested: tinyurl.com/CantorRolnickInstallation